



The A,B,C's of Health Care

St. Augustine Health Ministries offers information regarding a variety of health care and aging issues. Our team of professionals have years of experience and knowledge working in the fields of wellness, chronic illness, geriatrics and end-of-life. Call on information on any of these topics or let us tailor one to meet the needs of your group.

- Alzheimer's Disease
- Art and Music Therapy
- Arthritis—Joint Protection and Energy Conservation Techniques
- Assisted Living: VA Benefit & Medicaid Waiver Program
- Bereavement / Caregivers / Terminal illness
- Cardiac Care and By-Pass Surgery
- Caring for the Adult's Caregiver
- Chronic Illness
- Diabetes and Neuropathy
- Driving and Aging
- Exercise for Seniors
- Hearing
- Hip Replacement & Recovery
- Hope & Healing
- Hospice
- Knee Replacement and Recovery
- Laughter is the Best Medicine
- Living with Heart Problems
- Living with Parkinson's Disease
- Living with Spinal Cord Injury
- Living Will—What does it mean?
- Managing Chronic Pain
- Nutrition for Better Health
- Occupational Therapy Can Treat Dementia Successfully
- Physical Therapy
- Prevention of Fractures
- Protecting Your Back
- Recovering from Stroke
- Rehabilitation and Returning Home
- Spirituality & Healing
- Staying Balanced to Prevent Disabling Falls
- Take Charge of your Future ~ Know your Options
- Traumatic Brain Injury—Effects and Intervention
- Understanding the Medicare Therapy Cap
- Volunteerism—Enriching Your Own Life By Helping Others
- Why Home Health Care? Medicare or Private Duty?



Call Today to Schedule Your Speaker!

216-939-7602

or visit our website at
www.staugustinemanor.org

