

ALDO:

After 34 years of a successful career I became very ill and hooked on prescription medications. Throughout the next 15 months, I lost my job, went through my life savings, and I became depressed and withdrawn. My health continued to deteriorate. I couldn't even hold myself up I was so weak.



When I arrived at St. Augustine after my hospital stay, I was depressed and alone (I have no living family). Over the next few months, the staff and volunteers continued to encourage me. They helped me to regain my physical strength and more importantly, regain my spirit. I was asked to become a resident volunteer and help those in more need than myself. Staff would ask for my input as they valued my opinion.

I moved to an apartment of my own over a year ago thanks to God, the staff and volunteers of St. Augustine. They not only helped me regain my strength physically, but I regained my sense of purpose and belonging thanks to their continued belief and encouragement of me.