

***CHARLES:***

In the early 1990's, I remember helping out at a local nursing home and how depressed I felt after my only visit. Sadness had come over me, seeing those lonely seniors, apparently cut off from the energies of their younger years.

A few years ago I moved into assisted living at the Towers and a year later I traveled across the street to the Manor because I needed more help. At St.

Augustine's, I've found a vibrant community with many activities and interests and an approach to the individual that's heartening. There is an organized effort to help residents find meaning and purpose in their lives.

All in all, both residents and staff exhibit vivid recollections and a family spirit that permeates the Campus. The human qualities of the people on the Campus shine through every day. How my feelings about a nursing home have changed!

