



My name is Mary Mishko. St. Augustine Manor has been my home for the past 8 years since I had a stroke. I am only 63 and my right side is paralyzed. I need help with most things. It takes two people to help me stand, get dressed, shower and walk. I have a catheter and a Foley bag. I am also diabetic and need to check my sugar several times a day and take shots.

I miss working. I worked as a housekeeper at Geauga Lake, Sea World and for the City of Cleveland. I would love to work again and I try to do everything I can to help out here.

I make beaded lanyards to sell to the staff for their identification badges. The money goes back to the Recreation Therapy fund to benefit the residents. I am a Resident Volunteer and help out by setting the tables for our Saturday night dinners. I am in charge of delivering the daily newspaper to the residents and send sympathy cards and visit residents who are sick.

I get to go around the building in my wheelchair by myself. I use one hand and one leg to maneuver. I get to go on outings to restaurants, Wal-Mart, movies, to the park and even on camping trips. I can go to church every day and play sports on the Wii with other residents. I can't imagine living anywhere else. I am able to be active here.

*Mary Mishko*