



St. Augustine Health Campus
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FOR IMMEDIATE RELEASE

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STAIR STEPPER CLUB BEGINS “CLIMB TO MT. EVEREST” THANKS TO GRANT FROM BRUENING FOUNDATION

Cleveland (July 2006)—Thanks to a generous grant by the Bruening Foundation, the elevator project will commence July 15th, in the main building of the St. Augustine Health Campus. The four elevators, which date back to the late 1950's, will receive a complete renovation that will last 4-6 months. During this time, the staff has undertaken the “Climb to Mt. Everest” in order to give the residents priority use of the elevators.

The “Climb to Mt. Everest” involves a total goal of 43,553 stairs climbed. Staff members that have signed up for the Stair Stepper club have the opportunity to see their weekly progress noted, participate in personalized health checks, and are eligible for weekly drawings.

The rewards and benefits of the renovated elevators and “Climb to Mt. Everest” will directly enhance the lives of the residents and staff. We look forward to sharing more results as the program continues.

About St. Augustine Health Campus

St. Augustine Health Campus is a non-profit assisted living, skilled nursing and rehabilitation facility founded in 1969 by Catholic Charities of the Diocese of Cleveland. For further information, please call 216-634-7400 or visit our web site at www.staugustinemanor.org.

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